



2015 Adult Mental Health Conference: Promoting Health, Wellness & Recovery
October 6th
Lake Morey Resort
8:30 – 4:30

Session Title: *Six Core Strategies®: Establishing a culture of care that is trauma-informed, recovery and resiliency oriented to reduce the use of Seclusion and Restraint*

Session Time: 11:00 – 12:30

Presenters: Jeff Rothenberg, Vermont Psychiatric Care Hospital; Lesa Cathcart, Julia Fonte, RN, Katelynn Brown, RN, Rutland Regional Medical Center; Katharine Monje and Heidi Guevin, UVM Medical Center; Bill Marrapese, Brattleboro Retreat

Description: The Vermont Department of Mental Health has partnered with the Vermont Cooperative for Practice Improvement and Innovation (VCPI) to implement a practice improvement initiative aimed at reducing seclusion and restraint in Vermont hospitals, as well as to promote trauma-informed care, recovery, consumer-driven care and resiliency. Hospitals will share their approaches, learning and facility strengths and needs specific to achieving successful culture change and successful implementing practices that promote trauma-informed, recovery and resiliency orientated care.

Workshop Goals:

1. To share the learning and experiences of hospitals in Vermont implementing the Six Core Strategies® to prevent the use of coercive interventions
2. To share strategies and approaches to achieve successful culture change and successfully implement practices that optimize positive outcomes for those served
3. To share approaches and efforts that support resiliency, trauma-informed, recovery oriented and consumer driven practices

DRAFT Session Schedule

Time	Organization	Presenter
11:00 – 11:05	Vermont Cooperative for Practice Improvement & Innovation	Sarah Squirrelle <ul style="list-style-type: none">• Intro/Overview
11:05 – 11:25	Vermont Psychiatric Care Hospital	Jeff Rothenberg, Asif Kalim, John O'Brien, Scott Brumenschenkel
11:25 – 11:45	Brattleboro Retreat	Bill Marrapese
11:45 – 12:05	UVM Medical Center	Katharine Monje Heidi Guevin
12:05 – 12:25	Rutland Regional Medical Center	Lesla Cathcart, Julia Fonte, Katelynn Brown
12:25 – 12:30	Question & Answer	